

Celebrating you and wherever you are on your quit journey!

Come join us on the evening of the **Great American Smokeout**
for support, resources and education.



Thursday, November 21, 2024

5:30 - 6:30 p.m.

Russell Library, Hubbard Room, 123 Broad Street, Middletown

Dinner, and one gift card per family, are included.

Anyone who currently uses tobacco, nicotine, vapes or smokes is welcome.

Don't have childcare? No problem, bring your children with you!

Registration preferred.

To register: visit bit.ly/Smokeout2024, scan the QR code, or call 860-358-2023

You don't have to stop tobacco use in one day. START WITH DAY ONE!



Scan this
QR code
to register.

