



Northern Middlesex YMCA
2023 Annual Report

BOLD IMPACT



CELEBRATING 2023
YMCA ACHIEVEMENTS



BOARD OF DIRECTORS

Serving with distinction in 2023

OFFICERS

Karen Warren, Chair
Andrew Tanaka, Vice Chair
Rohan Manning, Treasurer
Kelly Smith, Secretary

DIRECTORS

Johanna Bond
Jeremy Bourret
Carol Buchanan
Philip Cacciola
Erik Costa
Ben Daigle
JR Carnegie-Hargreaves
Andrew Milliken
Robert Parry
Frantz Williams

DIRECTORS EMERITI

Eileen Burke
Woodbridge A. D'Oench
Sigrid B. McWilliams

AMBASSADORS

Nancy Meyers
Bob Barone
Ken Landy

YMCA STAFF DIRECTORS

Michele Rulnick
President / CEO
Candace Crane
VP of Youth Development &
Community Relations
Karyn Hurlbert
Early Childhood Education Director
Ben Silliman
Youth & Camp Director
Erin Hernandez
School Age Program Director
Rich McCarty
VP for Healthy Living & Social
Responsibility
Leisa Pasquariello
Senior Program Director
Theo Powers
Aquatics Director
Jillian Funk
Healthy Living Director
Natalie Garrison
Finance Director
Divine Jackson
Men's Residence Director
Kam Warren / Jesse Chase
Facilities Director



BOLD IMPACT

CELEBRATING 2023 ACHIEVEMENTS

NORTHERN MIDDLESEX YMCA MISSION STATEMENT

The Northern Middlesex YMCA offers a path toward a fuller more productive life. The YMCA will provide to a broad spectrum of our community, high quality programs, services, and facilities that improve individual and family life, encourage healthier lifestyles and assist youth in developing into responsible adulthood.

OUR COMMITMENT TO INCLUSION

The Y is made up of people of all ages and from every walk of life working side by side to strengthen communities. Together we work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race or sexual orientation, has the opportunity to reach their full potential with dignity. Our core values are caring, honesty, respect and responsibility—they guide everything we do.

Dear Friend of the Y,

As you read our 2023 Annual Report, you will find information about the Y's reach, scope, and **BOLD** impact. I am always in awe of the number of programs, services, and people we serve, and I often think about the many generations of people who have a Y story to share. Consider the first Middletown residents to engage in Y activities in 1877 when the Y purchased the former home of Commodore Thomas MacDonough at 274 Main Street. They, like today, were people who wanted social connection and opportunities to engage in activities that improved their lives.

It took visionary community leaders to demolish the MacDonough house and build a new, larger Y facility on Main Street. The facility included vocational classrooms, lodging rooms, a chapel, a game room, and a gymnasium. The building also included facilities for women and girls, a bold progressive stance by the then Middletown Y.

In 1928, the Y moved to the 99 Union facility, which opened in 1928 and included recreational space, community meeting areas, a three-lane pool, classrooms, club rooms, a bowling alley and billiards room, two gyms, and dormitories for men to address the growth of young men coming from rural areas to urban centers seeking work. One such room was the log cabin clubroom, where young men learned leadership and life skills. The Y at this time had separate entrances for men, women, and boys' entrances. It was not until the 1960s that the Y consolidated to a single entrance. Additional changes made in the 1960s included a new daycare program and a youth shelter. The Middletown Y became the Northern Middlesex Y in 1960 by expanding the service area to include towns in Northern Middlesex County. In 1966, Dr. Christie McLeod was elected as the Board Chair, becoming the second woman in the country to serve in this role! Once again, our Y **BOLDLY** removed barriers and engaged women in the Y movement.

In 1972, the Y expanded once again, providing separate locker rooms and expanding fitness programs for women and girls. Programs at that time included gymnastics, water ballet, basketball, women's weight lifting, and parent and child swimming classes. The 1972 addition also included a new six-lane pool and health center. The Y played a significant role in welcoming disenfranchised black men and youth into the Y during the 1970s when deeply challenged race relations were further ignited by the displacement of people of color due to the Metro Square Redevelopment Project. The Y opened its doors to offer safe places for black youth to gather and convened sensitivity workshops with high school students and community leaders to improve communication and understanding, giving voice to the black and brown community while developing strategies to strengthen knowledge and relationships.

The Y has a bold history of transforming lives and empowering individuals to build connections within our diverse community. Founded in 1865, the Y has been a beacon of hope, nurturing capable youth, promoting wellness, and addressing the most pressing social needs. Y programs and facilities must adjust to changing community needs. Still, the core value of social connection and community engagement continues to be the guidepost that lights the way from generation to generation.

Our current generation of leaders, philanthropists, and the Y community have an opportunity to offer **BOLD** support for our **BOLD** vision to transform the Y facility. A vision that includes removing accessibility barriers, increasing wellness and youth space, expanding childcare, and making the Y facility a welcoming, modern place that fills us with pride. This vision can be a reality with the support and commitment of our community! For many generations, this community has invested in the long-term sustainability of this anchor organization, and we are confident that, once again, we will collectively rise to the challenge!

Sincerely,

Michele Rulnick
President/CEO

Karen Warren
Chief Volunteer Officer/Board Chair

YOUTH DEVELOPMENT BOLDLY IMPROVING LIVES

2023 was a year of **BOLD** growth in our work as one of the leading childcare providers in CT and nationwide. We understand firsthand the incredible challenges facing the childcare industry. Changing work habits, labor shortages, increasing labor costs, and inflation are causing an escalation in childcare costs that are not sustainable for most working families, particularly ALICE families whose income is above the threshold for Care 4 Kids but not enough to afford the total cost of care. Our Y is **BOLDLY** committed to equitable access to high-quality childcare and youth programming regardless of a family's ability to pay the total cost. Thanks to the generosity of donors, we exceeded our fundraising goal in 2023 to ensure families who qualify for financial assistance can participate in before and after school care, Camp Ingersoll, Summer Enrichment and other out-of-school time programming. We are grateful for our generous donors such as the Peach Pit Foundation and the Liberty Bank Foundation, for supporting the Y's financial assistance program. Our teams engaged **BOLDLY** with the community to expand our youth programming opportunities including a NEW Before & After School location in Durham. Three bike races for approximately 1,000 racers were held at Ingersoll Outdoor Center in partnership with Stage One Cycling and New England Youth Cycling. Our preschool students made Valentine's for Veterans and enjoyed visits from CT Storyteller Association throughout the year. Membership driven collection provided Holiday gifts for our families in need. A nutrition workshop was held for parents and children. Warm the Children Program provided coats and winter gear for our preschoolers. Strong collaboration between our preschool and school age care team resulted in a well attended Fall Family event at the Y for the 2 preschool and 12 school age childcare programs. Aquatics and Preschool teams worked together to bring our free swim lesson program back for our students. Reflecting on our **BOLD** achievements in Youth Development throughout 2023, we are ready to build futures filled with promise, resilience and endless opportunities at the YMCA.

MAKING A BOLD IMPACT IN 2023

- \$134,504 in financial assistance support was provided to assist more than 400 Camp Ingersoll campers.
- 885 families sent a total of 1297 campers to YMCA Camp Ingersoll during the summer of 2023.
- 2,500 individuals participated in Ingersoll Outdoor Center group rentals and parties.
- 65 families joined the Ingersoll Outdoor Center to spend time with family in our 76 acre property.
- Approximately 100 staff were trained in behavior management, risk evaluation, child abuse preventions, facilitation and leadership skills.
- 871 children received quality care while their parents were working in our 12 licensed Before & After School childcare programs located in Cromwell, Durham, Middletown & Portland.
- \$75,150 in financial assistance was provided to 148 children from 124 families for childcare.
- 165 children attended our two School Readiness Preschool Programs

“ I don't know where I would be without all the help from the YMCA. The open doors program helps me tremendously and the vacation day program is the only way I am able to work and support my family and household when there is no school. Being a single mom is hard enough at times and now the Y has become like a family to me. All of the staff are so helpful to me and my 8 and 16 year old children. Thank you for all the support and the financial support you have to help families like mine.

Monica Davis, Parent of School Age Childcare Participant



38% of families enrolled in afterschool receive financial assistance.

2023 IMPACT



871

CHILDREN in KIDS' KORNER RECEIVED QUALITY CARE WHILE PARENTS WORKED

2023 IMPACT



405

CAMPERS RECEIVED A TOTAL OF \$134,504 IN FINANCIAL ASSISTANCE TO ATTEND YMCA CAMP INGERSOLL



70 percent of parents report that their child gained self-confidence while at camp.

“ My son really blossomed at Ingersoll. He loved the ropes course and gained confidence with his swimming skills.

“ It was so wonderful for my kids to be outdoors all day, away from screens and connecting with others at Camp Ingersoll.

Quality preschool programs can help narrow the achievement gap by providing all children, regardless of socioeconomic background with learning opportunities.

2023 IMPACT



165

3-5 YEAR OLDS ATTENDED OUR PRE-K SCHOOL READINESS PROGRAMS

HEALTHY LIVING: BOLDLY PROVIDING EQUITABLE ACCESS

2023 was a year of **BOLD** growth for our Healthy Living Department. Within the Y, program expansion has engaged a wider range of members and prospective members including a ladies lifting program for women to **BOLDY** and bravely use the weight room. **LIVESTRONG** at the Y cancer survivor program expanded to serve 24 participants with 12 weeks of FREE programming and membership during 3 sessions. Additional group exercise classes were added including a new Aqua Zumba program. The Personal Training program doubled the number of clients in 2023. **BOLD** changes were made to the layout of the Fitness Center with new equipment including cardio equipment, strength machines and squat rack. The new layout created a more inclusive environment and enhanced the member workout experience. The numbers of members using our fitness center has doubled during 2023. Our collaboration with the community grew **BOLDLY** by working with Middlesex Health, goPlnK foundation, MARC, the Town of Glastonbury, Gaylord Physical Therapy, Heritage Commons and the Department of Environmental Protection. New connections were formed with Special Olympics of CT for future program development. Our Youth Development teams continued **BOLD** work to address mental health issues by incorporating Social Emotional Learning into all aspects of our childcare and youth programming. Teen programming expanded to offer a **BOLD** variety of programming to create safe spaces for teens to connect with others including 8 week sessions of sports and healthy cooking and leadership. Embracing the spirit of **BOLD** growth in 2023, we've not only strengthened our community's commitment to healthy living but also paved the way for even greater achievements in the years ahead.

Together, let's continue to empower, inspire, and thrive at the YMCA.

MAKING A BOLD IMPACT IN 2023

- Member check-ins increased by a **BOLD** 30% to 82,671 check ins during 2023
- 387 members accessed health & wellness opportunities with open doors financial support
- \$68,937 provided in Financial Assistance for Membership, Programs and Aquatics
- Creative use of facility space resulted in a **NEW** Massage space. 33 members utilized this service in 2023.
- Membership units increased by 32% = 5,863 total Y members
- 2,594 members are between ages of 18-54
- 2,775 members are 55+ years of age
- 37 children were cared for safely in complimentary **CHILDWATCH** while parents used facility
- 59 Personal Training Clients
- 1560 participants attended 30 weekly drop in group exercise classes (included in membership)
- 716 participants registered for fee based wellness programs
- 4 types of fee based programs offered: Ladies That Lift, Aqua Zumba, Kettlebell, Water Exercise

The number of cancer survivors is projected to increase to 22.5 million, by 2032.



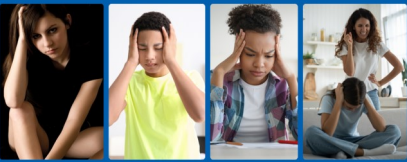
MIDDLESEX YMCA HEALTHY LIVING

2023 IMPACT



1,728

TOTAL NUMBER OF WELLNESS PROGRAM HOURS FOR 24 LIVESTRONG at the Y CANCER SURVIVORS.



23% of youth in Middletown are considered disconnected and "at risk".



MIDDLESEX YMCA SAFE SPACES FOR TEENS

2023 IMPACT



635

TEENS USED LOW COST OR FREE MEMBERSHIPS TO CONNECT WITH OTHERS.



In the US, there is an average of 10 fatal drownings per day.

2023 IMPACT



1,147

SWIMMERS LEARNED SAFETY SKILLS

I really believe the Y does great work to support local youth and is so much more than a gym. I've built great friendships here at the Y. The staff is incredibly supportive in helping me achieve my fitness goals.

Dan Lally, Y Member, Donor & Community Impact Award Winner



SOCIAL RESPONSIBILITY: BOLDLY SERVING THE COMMUNITY

The Y is an inclusive organization for all, focusing on the most critical needs of our community and remains dedicated to advancing diversity, equity and inclusion for all. To help support those facing food insecurity, the Y continues to work with partners like St. Vincent DePaul and Peach Pit Foundation to stock a food pantry and provide meals to Y residents.

- \$324,663.85 in Open Doors Financial Assistance was provided to 1,031 individuals and families.
- 693 Individuals, Foundations, Community Partners and Businesses gave **BOLDLY** to support our mission.
- 335 first time donors chose to give to our 2023 Annual Mission Strong Campaign.
- 280 volunteers provided 1,972 hours of service to the Y.
- Approximately 44,000 meals and snacks were provided for children enrolled in our preschool and school age childcare programs.
- 53 men found a safe and affordable home at the Y.
- 34 individuals received 12 weeks of FREE Wellness Program through LIVESTRONG at the Y & Diabetes Wellness
- 93 youth received 8 weeks or more of FREE swim lessons through D.E.E.P. grant funding.



The Y is located in an “at risk” census tract, with 27% of households below the poverty line.

2023 IMPACT



1031

INDIVIDUALS &
FAMILIES RECEIVED
FINANCIAL
ASSISTANCE IN 2023

More than 380,000
(1 in 10) Connecticut
residents struggle
with hunger.

2023 IMPACT



53

YMCA
RESIDENTS HAD
ACCESS TO FOOD
PANTRY AND
SUPPORT



It’s been an amazing experience to see Isaac learn the basics of water safety. He was always so excited and looking forward for Saturdays to come so he can go swim with new friends and families he met. I am so great full for this due to me not being able to afford swimming classes due to my low income as a single mother of 2 boys. So again, thank you for what you are doing for the community.

D.E.E.P. Grant Funded Swim Lesson Parent Testimony

2023 FINANCIAL REPORT

REVENUE

Membership Dues & Program Income	\$ 1,188,049
Childcare	\$ 1,429,260
Government Funding	\$ 1,798,756
Camp	\$ 1,532,688
Residence	\$ 300,205
Public Support	\$ 467,423
Other Income	\$ 86,354
United Way	\$ 20,384
Rental Income	\$ 118,922
Investment Income	\$ 254,426

Net assets released from restrictions

Total Public Support and Revenue
\$ 7,196,467

EXPENSES

Youth & Family Services	\$ 3,408,272
Membership Services	\$ 1,882,452
General & Administrative	\$ 835,344
Fundraising	\$ 212,090

Total Expenses **\$ 6,338,158**

Change in unrestricted from Operations **\$ 858,309**

Total Other Income **\$ 296,317**

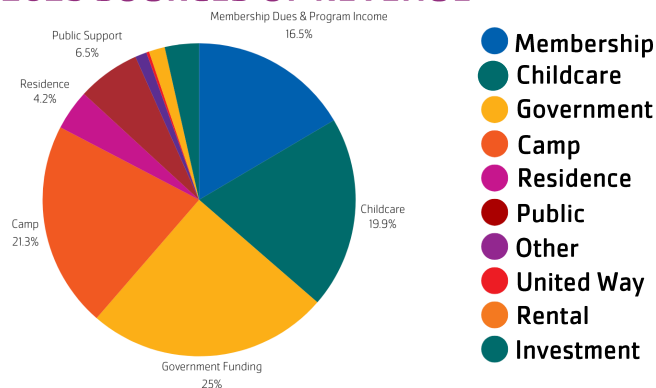
Change in Net Assets **\$1,154,626**

Net Assets - December 31, 2022 **\$13,939,261**

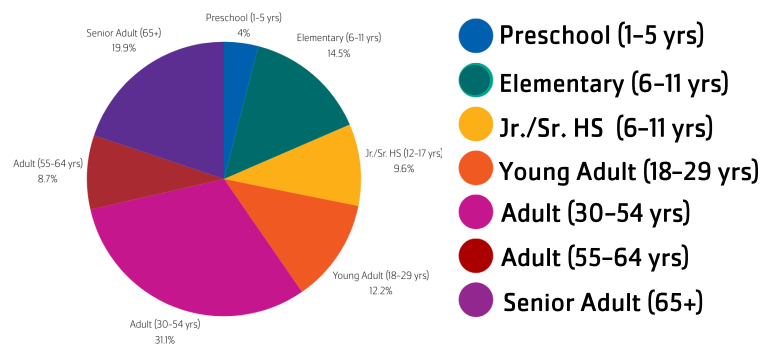
Change in Net Assets **\$ 1,154,626**

Net Assets - December 31, 2023 **\$15,093,887**

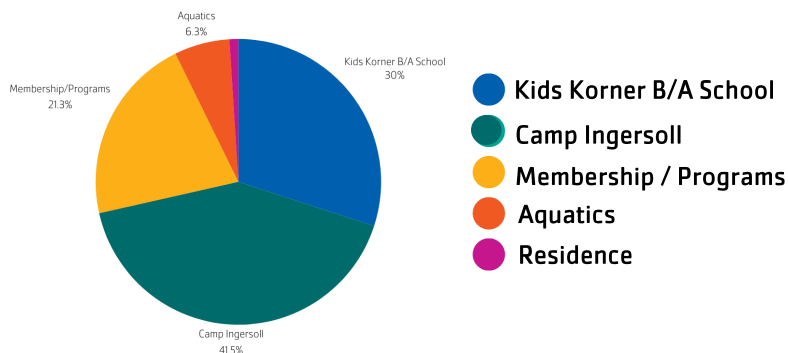
2023 SOURCES OF REVENUE



2023 MEMBERSHIP CONSTITUENCIES



2023 OPEN DOORS ASSISTANCE AWARDS



HERITAGE CLUB MEMBERS

Salvatore Barone*
Kendrick Bellows*
Mal Bochner
Susan Bransfield
George Brown Jr.
Sally Brunson
Carol Buchanan
Eileen & Gerald Burke
Harry Eben Burr
Pauline Butler*
Joan Cambria*
Margaret Coe
Elizabeth Davis*
Nancy & Woodbridge D'Oench
Brian DiBella
Arthur Director*

Nancy & Woodbridge D'Oench
Ed Drysgula Sr. *
Janet & William Evison
Julie Flagg
Barbara* & Richard Gibbons
Lillian & Welles Guilmartin
Deborah Hager
John Hall
Joyce Hatton Yarrow
Marcia & David Kalayjian
Johanna Kerr
Ronald Klattenberg
Irwin Knafel
Joan A. Kowack
Nancy Liddell
Francine & Jon McKiernan

Jane McMillan *
Sigrid McWilliams
Amy & Bruce Parmenter
Robert W. Rice*
Linda Rigono
Dolores Scrivano*
Irene & Allen Silberstein
Helen & Irwin Sitkin
Kelly Smith
Robert Spencer
Joan* & Charles Stone, Jr.
Kathy & Frank Sumpter
Joan & Richard Tomc
Patti Anne Vassia
Dorothy* & Michael Waller*
Nancy Zimmer
* Deceased

Membership in the Heritage Club simply requires a commitment of a gift (now or in the future) that will benefit the Endowment Fund to ensure that the Northern Middlesex YMCA stays strong for future generations. Donors may restrict their gift to benefit a particular program and/or capital project.

VISIONARY-\$10,000 +

Atlantic Wealth Advisors
Community Foundation of
Middlesex County, Inc.
The Drummond Family
Philanthropic Fund
Housing Ministries of New England, Inc
The Ingersoll Outdoor Center Fund
Jay Keiser & Pamela Rehrig
Liberty Bank Foundation
Peach Pit Foundation
Travelers Champ Birdies/Greater
Hartford Community
Foundation for Charity
Patti Anne Vassia

FOUNDER-\$5,000>\$9,999

The Benevity Community Impact Fund
Carol Buchanan & Thomas Reimer
Margaret Coe
Sgt. George Dingwall Golf Tournament
The Governor's Prevention Partnership
Welles & Lillian Guilmartin
Michael & Sharon Kearney
Liberty Bank
Nancy & John Meyers
Gail Reen

CORNERSTONE-\$1,000>\$4,999

The Assante Family
Robert & Mary Rose Barone
Bob's Discount Furniture Charitable
Foundation
Mal Bochner
Johanna Bond
Daniel Bonelli
Jeremy Bourret
Raymond & Sandra Bourret
Bristol-Myers Squibb Foundation
Matching Gifts
Phil & Marie Cacciola
Marilyn Cacciola Litman
Richard & Tamara Carella
JR Carnegie-Hargreaves
Lisa & Blake Carter
Stephen Chabak
CMAK Sandy Hook Memorial Foundation
Comcast
Robert Davie
Arthur and Edythe Director Family YMCA
Camp Ingersoll Fund
Woodbridge and Nancy D'Oench
Mary Dolan
Dominion Energy Charitable Foundation
Robbin Eliason
Carol & George Gilbert
John & Ann Grybko
Susan & John Hall
Nancy & Birtus Hall III

Joan D. Hedrick
Linda & Ken Heidorn
Hubert E. Butler Construction Co.
Mary Ellen & Stephen Jones
Ivar & Carol Jozus
Ben Kehl & Barret Katuna
Joan A. Kowack
Levanthal Family Charitable
Foundation
Rohan Manning & Sarah Shapiro
Richard McCarty
MCEJV, LLC
Lawrence & Patricia McHugh
Middlesex Health
Middlesex United Way
Middletown Power LLC
Andrew Milliken

John & Virginia Murphy
Northwestern Mutual Foundation/
Cybergrants
Thomas Nosal
Theresa O'Callaghan
Russell Outler
Robert Parry
Andrew Tanaka & Becca Reader
Linda Rigono
Michele & Michael Rulnick
Schwab Charitable Fund
Cheryl & Robert Silliman
Kelly Smith
Suburban, Inc
Cindy & David Sullivan
Susan Colby & Arthur Taylor
Richard and Joan Tomc
United Way of Greater Waterbury
Karen & Taylor Warren
Webster Bank
Lorraine Yu

AMBASSADOR \$500->\$999

Cans-4-A-Cause of Greater Middletown
Vincent Capece
Patricia & Keith Charles
Controlled Air
Candace Crane
Brian DiBella
Diversified Building Services
Durham Manufacturing Co.
Susan Dutcher
EIS Foundation, Inc.
Martha Fetter
Steven & Tina Gomes
Beverly & Joseph Heffernan
Diana Hinton
Kristen and Daniel Hoyt
Andrea Malon
Francine & Jon McKiernan
Joseph Palladino
Leisa Pasquariello
Rose Persico

Rose & Daniel Petronella
Physical Therapy & Sports Medicine
Center
Henry Prescott
QA+M Architecture
Eric Rennie
Kari Weil & Michael Roth
Betsy and Brent Schroeder
Deborah Seligmann
Irene and Allen Silberstein
Benjamin Silliman
Sharon Smith
Donald Snyder
Glenn Taylor
Whittlesey
Frantz Williams
Kori & Eamonn Wisneski

CRESCENT \$250->\$499

Patti Anderson
Kerry Arsenault
Blue Goji LLC
Daniel Bourret
Charities Aid Foundation of America
Irene Cobb
Paul Coroneos
Samuel and Pamela Crum, Jr.
Benedict & Katie Daigle
Eversource Energy
Erika Fowler
Frontier Communications Community
Services Fund-Central Region
Natalie Garrison
Joyce Hatton Yarrow
Sue Hebert
Stephanie Heil-Grover and Mark Grover
Michael Hennessey
Nella Indomenico
Tamera Jackson
Janice Keeman
Kerline Vassell-Klaus and Gregory Klaus
Tracy and Kevin Leahy
Maureen O'Connor and Lee LeBlanc
Marc & Judith Levin
M A & M Inc. dba Aresco Construction
Lois and Ronald McCutcheon
Nancy & Paul McKeon
Paige and Robert McMullen
Travis Meyers
Wilfredo Nieves
Sandra Olsen
Stanislaus & Kayoko Opalac
Margaret and Charles Rich
William Ryczek
Evan Salisbury
Robert Ryan Scott
Christa Smith
James Vodola
Keith Wiemert
Brian & Elaine Yakey

2023 DONOR HONOR ROLL continued

FRIENDS OF THE Y --c \$249 A & N Subway #24776, LLC A.R. Mazzotta Employment Specialists

Cassandra Abell
Jaime Adkins
Victor & Marjorie Adler
Christina Albizu
JD Altobello
Roy Alton
Altrusa International of Central CT
Alfonia Amaker
Amazon Smile Online Donations
Sheila Anastas
Kim And Jim
Ethel and Lawrence Anderson
Arborview Dental Care, LLC
Angelica Arnoux
Christina Balch
Scott Bishel & Lynn Baldoni
Patrice Baldwin
Adele Banas
Johannes Baris
Ethan Barszczewski
Elizabeth Bartosiak
Joshua Basilla
Justin Beach
Brian Beaulieu
Tara Bengston
Lauren Benson
Deborah Berardi
Louise Berchulski
Lianna Berndt
Christopher Betz
Ross Bielak
Hilal & Sabri Bilsel
Catherine and Michael Bisceglia
Jeanne Bishop
Brittany Blair
Aaron Bourret
Martyn Bowden
Kimberly Bradley
Matthew Brady
Joanne and Theodore Brainerd
Susan Bransfield
Lydia and Spencer Brewster
Susan Bright
Dawn Brodeur
Jasmine Brooks
Raymond Brophy
Sally Brunson
Aida Budd
Tracy Burger
Ramona Burkey
Judith Burry
Rory Butterly
Jillian Cacopardo
Suzanne V. Caffrey
Caryn Canalia
Kristen & Dan Capitanio
Rick Capitanio
Helen and Tony Capizzi
Nancy and Allen Carlson
Kathy Cassella
Meredith Cavaliere
Maria Cavalieri
Eduardo Cazares
Cary Chadwick
Margot and Wayne Chapman
Norma-Jean Chatfield
Erin Choquette
Ellery Clark
Patricia Clausssen
Rachael Coburn
Ryan Cole
Ann Marie Colebrook
Matt Comstock
Teresa Concannon
Sherri Condon
Patrick Connolly
Erik Costa
Joan Coughlin
Dave Cubeta
Tracy Cummins
Paul Cummiskey
Ryan Curley
Currier Painting LLC
Mary Alice Czernicki
Ricardo Dacosta
Kristie Dadinis
Joan Daigle
**Daniels Oil Co. Inc, a part of
Daniels Energy**
PeterGiahao Dao
Paula D'Aquila
Kerry Darby
Shanna Davis
Ed Deane
Philip DeCaprio

Alexander Deckard
Joseph Decker
Daniel DeFrancesco
Grace Delaney
Devon Denike
Nancy Diaz
Jamie Dickson
Jane and Paul DiMauro
Jeffrey Drew
Marion and Jack Driscoll
Osa Duberry
Jim Ducker
Garrett Duff
Susan and James Dunn
Ellen Dunn
Stacey and Michael Durand
Gail Eagleson
EG Salon
Katie Egan
Nate Eichelberger
Leslie Eisemann
Alma & Robert Elder
Andrew Elmeer
Rebekka Enes
Sophie Engels
David Ermer
Melissa Estrella and Stephen Mercer
Rodie Favis
Donna and Salvatore Fazzino
Patrick Feeley
Kyle Feeley
Melissa and James Felter
Paula Fernald
Christina Ferraiolo
Kimberly Fischburg
Erika Fleig
Kathleen Flood
Michael Foley
Loretta Foley
Chris Foley
Julian Freeman
Margaret French
Laurie Frenzel
Jillian Funk
Kristen and Michael Furtak
Ann Marie and Darrell Gagnon
Albert Galatan
Andrea Gallant
Patricia Gambori
Taylor Garboski
Robert Gatehouse
David Gotto
Brian & Betsy Gauthier
Jonathan & Lauren Geary
Evelyn and Thomas Gezo
Terri Giardino
Richard & Barbara Gibbons
Brian Girard
Jacquelyn Girgenti
Kerrie Glassman
Barry & Judy Goldfarb
Nancy Gorden
Daniel Gould
Raymond Grasso
Gary Gray
Judith Green
Jarod Griffin
Jody Grosso
Carol Grosso
Laurie Guilmette
David Gustafson
Gregory Gustin
John Guszkowski
Samantha Hall
Peter Harrison
Deborah Hayes
Sean Healey
Manda Heltko
Ruth Veleta & Robert Hennessey
Monita Hebert
Brenda and Norm Herbert
Mary Herbert
Brittany Herbert
Michael Hess
Kathie and Norm Hewitt
Tom Hibino
Elizabeth & Stephen Hibino
Rhea Higgins
Joseph Hinton
Brian Holdt
Melissa and Jeremy Hoon
Deborah Horan
Betty Horne
Susan Howell
Holly Hubbard

Elizabeth and Charles Huntington
Karyn Hurlbert
Judith and David Hurlbert
Shravan Iyer
Michael J Puckly Living Trust
Theresa and David Jacob
Robert Jakubiec
Christopher Johnson
Melanie Jordan
Brad and Lori Jubelirer
Osa Duberry
Josh Just
Bridget Kahn
Allyn Kahn
Julia Kara-Soteriou
Waseem Kazi
Sandra Kearney
Kelly Kearns
Benjamin Keogh
Johanna Kerr
Sean Kiernan
Jacqueline Kirby
Danielle Kleczkowski
Orsi Korman
Meghann Kowalchik
Jaime Krasnitski
Kraz Krew
Jessica Kruczek
Tim Kumnick
Kimberly Labbe
Richard LaCroix
Owen Lally
Aidan Lally
Carla Lally
Donna C Lambertson
Dana LaMonica
Laura Landry
Raymond Langlois
Renata & Joseph Lantos
Matthew Lapham
Dolores & Peter LaPointe
Tamara & Robert Laurie
Sandra and Tim Lavoy
Ray LaVoy
Margaret Lee
Eun Joo Lee
Robert Lemire
Virginia Lentini
Patrick Leonard
Lucille Leonard
Daniel Levitt
Ellen Lewonka
Nancy Liddell
Kevin Lin
Amanda and Brett Looker
Yvette Lopez
Eliza LoPresti
Cheryl and David LoPriore
Mikaela LoPriore
Summer LoPriore
Deborah & Sarah Luft
W. Sophie & Lawrence Lundigan
Brittany Lyn
Thanh Mai
Monica Malo
Mary Jame Mamed
Amy Martinez
Martinez Measurements, LLC
Kara Mather
Will McCarthy
Wendy McCloskey
Anne-Marie McEwen
Laurie McFadden
Katherine McRae
Sonia Mercado-Gomez
Susan and Brian Michel
Susan Miles
Mitchell Milone
Elisha Milton
Diane Mischke
Cathysue Moebius
Tom Monahan
Mondo Pizza
Patrick Montuori
Christine Morris
Gail Mullaney
Sheila Mullen
Janet Murphy
Cassandra Murphy
Maegan Musanti
Quin Myers
Brooks Nablo
Coryn Nadeau
Zach Nado
Maggie Nardelli

Dana Natrillo
Ryan Nealon
Gayle and Bruce Neff
Patty Netherland
New York Life Corp
Rebecca Nguyen
Leah Nowak
Megan O'Brien
Cephas Kwame Ocansey
Daniel O'Connell
Claudia and Brendan O'Connell
Taren O'Connor
Duncan Olaechea
Jim Oleksiw
Susan Olmsted
Karl Schirm & Mary Onoroski
Lori Orend
Michael Orfao
Jason Ornek
Tia P.
Paula Paige
Harold Panciera
Angelo Papahristou
Brianne Papahristou
Russell & Jacqueline Parmelee
Mary and Lou Pear
Scot Peaslee
Jeanne Peaslee
Laura Peaslee
Ned Pendleton
Douglas McKain & Ruth Penfield
Ellie Perkins
Steven Perruccio
Cynthia Perugini
Karen Pesillo
Samantha Peters
Lisa Petrilli
Louise Petroka
Alyssa Phillips
Rita Phillips
John Phillips
Laurel Pickard
Pine Glen Builders
Adam and Allie Platners
Gary Plourde
Matthew Pomerence
Ryan Powers
Kristen Powers
David Powers
Jennifer Powers
Sarah Powers
Donna Powers
Marama and David Pramanik
Daniel Prigioni
Patricia Prue
Anthony Quinn
Djordje Radujko
Joyce Raicik
Stephen Rak
Ashley Rak
Elizabeth Read
Timothy Redican
Kathryn Redican
Michael Reilly
Richard Retallack
Jesse Revicki
Carol Revicki
Victor Revoredo
Gail & Dan Reynolds
James Rhoades
Richard Risley
Keith Ritchie
Dominic Rizzo
David Miner & Stephanie Robiner
Cora Rodenhizer
Myriah Rodowicz
Anna and Al Rosenthal
Kerry Rossi
Derek Roy
Donna Roy
Diane Rubacha
Howard & Jane Rulnick
Lalena Salafia
MaryEllen Sands
Adriana Santostefano
Sabrina Santostefano
Kenneth Sawicki
Nathan Capitanio & Tara Scagliarini
Margaret Scata
George & Babette Scheer
Timothy Scheer
Geoffrey Schirm
Sue Schirm
Elaine Scott
Scott Scullion

Patricia Scully
Barbara and Robert Sequenzia
Nancy Sheehan
Pascal Sherman
JD Short
Kimberly Short
Kenneth Short
David & Teresa Shulman
Christine Signore
Rebecca Silliman
Derek Silliman
Ervin Simkins
Roynn Lisa Simmons
Kristen Skulte
Kathleen Slone
Shannon Slone
Benjamin Smith
Sharon Smith
Maryann Snyder
Kimberly Snyder
Mary L. Stanco
Dennis Stechnolz
Susan and David Steiner
Michael Stevens
Robert Stiles
Carla Strecker
Amy and Chris Strickland
Stylz by Patty, LLC
Michael Sundell
Hope Suplita
Judith and Richard Suski
Karen Swartz
Debbie Swartz
Mary Swaykus
Joseph Szabo
Lynn and Neil Talmont
Caitlin Tenney
Lisa and Bryon Thayer
ESPN The Walt Disney Company
Jennifer Thomas
Thomas J. Serra Memorial Scholarship Fund
Heathy and Jack Torpey
Lisa Trahan
Debra Trevelin
Diane Trevelin
Bailey Trevisan
Debra Tyrol
Raynier Tyrson
Angel Ulanday
Uncle Bob's Flower and Garden Center
**United Congregational Church of Haddam
and Higginum**
**United Way of Central and
Northeastern Connecticut**
**United Way of Massachusetts
Bay and Merrimack Valley**
Igor Bochenkov and Yulia Vakhrusheva
Janet Vamos
Christina Van Deventer
Art VanDeventer
Leah VanDeventer
Stavros Varellakis
Linda Vaughan
Marcia Vecca
Anthony Vecca
Joan Veit
Thomas Ventre
Lisa and Anthony Ventrelli
Bethanne Vergean
Heather Vieira-LeMay
Nicole Visel
Linda & Ronald Voccio
Thuan Vu
Steven Wallett
Robert & Judith Walsh
Brian Walsh
Peter Wasielewski
Susan and Paul Welburn
Justin Wells
Josh Wells
Dawn Welsh-Carlson
Donna Whalen
Amethyst White
John Wilcox
Christina Wilonski
Joshua & Emily Wilson
Peter Wojewodzki
Kimberly and Michael Woznyk
Trenton Wright
Nhien Yen Duong
Marinela Zaharia
Cheryl Zalewski
Derek Zatarain
Jennifer and Kevin Zettergren
Hedi Zienowicz



Thank you to our committed members, donors, staff, and community partners for continuing to support our BOLD journey for generations to come.

WWW.MIDYMCA.ORG



Use this QR code to Annual Meeting web page with photos & videos.