



REACHING OUR POTENTIAL

One Building Block at a Time...



2018 ANNUAL REPORT



BOARD OF DIRECTORS

The members listed below served generously during 2018

OFFICERS

Tamara Jackson, Chairwomen
Derrick Gibbs, Jr., Vice-chairman
Kelly Smith, Secretary
Rohan Manning, Treasurer

DIRECTORS

Dr. David Baggish
Johanna Bond
Jeremy Bourret
Carol Buchanan
Philip Cacciola
Richard Carella
Welles Guilmartin
Renata Lantos
Tamara Laurie
Robert Mosca
Maureen O'Connor
Joseph Palladino
Robert Parry
Dr. Michael Stehney
Andrew Tanaka
Karen Warren
Rick Waterman
*Isaiah Thomas
Wesleyan Board Intern

DIRECTORS EMERITUS

Eileen Burke
Woodbridge A. D'Oench
Sigrid B. McWilliams

YMCA STAFF DIRECTORS

Michele Rulnick
President/CEO
Heather Chandor
VP of Operations
Melanie Carfora
Youth, Family and Childcare Director
Nick Dionne
Aquatics Director
Sue Dionne
Membership Director
Natalie Garrison
Finance Director
James Goodin
Residence Director
Lori Lodge
Development Director
Ben Silliman
Youth & Outdoor Center Director
Bruce Thorstenson
Engineering Director

BUILDING POTENTIAL

THROUGH YOUTH DEVELOPMENT, HEALTHY LIVING AND SOCIAL RESPONSIBILITY

The Northern Middlesex Y has a long history of helping people reach their full potential. Our 2018 annual report showcases the building blocks of our success and commitment to offering members of all ages a path toward a full and productive life. In 2018 our work in Youth Development, Healthy Living and Social Responsibility demonstrates our commitment to addressing the diverse needs of our community.

The Y is a place that nurtures potential. Y youth programs help young people identify their full capacity to learn, form positive relationships and set lifelong goals. Y wellness programs provide motivation to be your personal best regardless of one's age or physical health. Our social responsibility is to strengthen community, celebrate diversity and serve all regardless of ability to afford the full cost of services.

Commitment to strengthening community has been the guiding principal of our work since 1886. We are grateful for the opportunity to be part of the Northern Middlesex Y's long and impressive history of responding to critical need and improving lives. Thank you for sharing Y values and passion for the cause-driven, charitable mission. Actualized impact takes a collective effort from Y employees, members, donors and countless partners who believe in the power of the Y to improve lives.

Read the full 2018 Annual Report to be inspired by the building blocks of Y work. Feel joy knowing that you are a friend to an organization that is teaching children character values and resiliency, giving cancer survivors a chance to reclaim their confidence and health after treatment, and celebrating 90th birthdays with members who credit the Y with their longevity and good health.

Thank you for joining us as we work together to engage, encourage, educate, and support members of our diverse community. United we can build the foundational blocks of youth development, healthy living and social responsibility!

Sincerely,

Michele Rulnick
President/CEO

Tamera Jackson
Board Chairwomen

The YMCA of Northern Middlesex County is open to all regardless of race, creed, gender, or financial status. Membership in our Y represents a commitment to our philosophy and mission. Founded in 1886, the emphasis of membership continues to be one of developing the whole person: mind, body, and spirit.

MISSION STATEMENT

The Northern Middlesex YMCA offers a path toward a fuller more productive life. The YMCA will provide to a broad spectrum of our community, high quality programs, services, and facilities that improve individual and family life, encourage healthier lifestyles and assist youth in developing into responsible adulthood.

SUCCESS STORIES

LIVESTRONG

The successful completion of our **LIVESTRONG** at the YMCA pilot program provided a foundation for eight Cancer Survivors to regain strength and confidence.



CEO/President Michele Rulnick expressed gratitude last fall for the vision and hard work of the Y staff team, **"The work of the Y is to help people young and old reach their full potential. As I step away from my desk to interact with the first LIVESTRONG at the YMCA cohort, I am grateful this wonderful program has been brought to our community. Cancer survivors are being encouraged and supported to recapture their full lives and reach their full potential."**

LIVESTRONG at the YMCA is about more than fitness and helps program participants open up and connect with others who are

facing the same challenges. Building supportive communities and life-long connections with other survivors is at the core of what makes the program so powerful for participants.

"It drags me out of that fatigue and the funk of chemotherapy," said Tim, who is battling cancer. "The trainers are behind me 100 percent and I'm behind them, too. It's like a family here."

"I am getting stronger. It is getting easier to climb stairs. I have more energy and just feel stronger." – Chet

"As a former competitive body builder and self-proclaimed "gym rat" and now a cancer survivor, there were a lot of physical but mostly mental barriers to break through. This program meets you where you are at with encouragement and understanding. It gives you a community of others who "get it." It's got me up, moving and thinking about being healthy in the midst of a diagnosis that says the opposite." – Sheryl

LIVESTRONG at the YMCA is helping cancer survivors rebuild their health with a foundation of encouragement, friendship, and wellness. Thanks to funding from the Community Foundation of Middlesex County and Eversource Energy Foundation, **LIVESTRONG** at the YMCA will continue to help cancer survivors recapture their lives and **REACH THEIR FULL POTENTIAL.**

KIDS KORNER

Northern Middlesex YMCA Kids Korner Before and After School Programs have been recognized at the National Level by YUSA as a Character Development Leadership Institute HUB for outstanding programming focused on teaching self-awareness, self-compassion, empathy for others and the gift of self-regulation.



When Kids Korner Site Directors were introduced to the Y of the USA CDLI professional development and programming material, they received the tools they needed to engage children in social competency learning at a more profound level. Site Director Chaelyn Lombardo at MacDonough School shared,

"Having the CDLI program has given us a framework to engage the staff to develop stronger skills in helping youth become stronger leaders who have an advanced understanding of their emotions and how to self-regulate."

The impact of this work is being demonstrated in recognizable youth development outcomes. Teachers are reporting that the leadership behavior of Kids Korner participants during the school day stands out during recess. Using advanced

problem solving strategies has helped them develop stronger relationships with their peers, demonstrate less at-risk behavior and return to class more focused and ready to learn than their classmates who do not attend Kids Korner.

Kids Korner Site Directors are finding that the CDLI framework has empowered the site staff to feel more confident and recognize the powerful value and opportunity to make a major impact in the lives of children in their care.

"The Y is raising the next generation of leaders to have outstanding emotional intelligence!" Michele Rulnick, CEO/President feels confident that Y staff are teaching the next generation the **BUILDING BLOCKS** of emotional intelligence that will help them reach their **FULL POTENTIAL.**



REED'S JOURNEY

Reed Bartman first came to the YMCA in 1952 at the age of 24, after serving in the Army. Playing volleyball at the YMCA during his lunch hour from his job at the Middletown Press gave Reed a solid fitness routine and social community. When the building across the street from the YMCA became the location for the Middletown Press, Reed began jogging with a group of Y members. "I couldn't really keep up, but they were a great group of guys," remembers Reed. Like many folks who come to the Y with fitness in mind, Reed soon built upon his fitness foundation by joining a YMCA Service Organization Group called Y's Men's Club. "The group would get together to plan and to work on projects that helped the community. It was all about giving back," remembers Reed.

After retiring, Reed expanded his YMCA routine to include taking group water exercise classes and in March 2007 at the age of 79, Reed took on the role of teaching the Water in Motion Class for registered participants. "I don't really see myself as an instructor, but more of a leader." Many view Reed as a role model and humble leader of how to maintain wellness while aging. Coming to the YMCA at least three times a week all through his career and into his retirement years has helped Reed reach his full potential by staying active and strong as he ages. In 2018, the Y Community help Reed celebrate his 90th birthday!



860 donors made it possible to provide financial assistance to ensure that everyone can REACH THEIR FULL POTENTIAL



1,490
SNEAKERS
WALKED
THROUGH
CAMP EACH
DAY



9,131
MEMBERS
WALKED
THE PATH
TO BETTER
HEALTH &
WELLNESS



2,448
SWIM
LESSONS
TAUGHT



76,409
HEALTHY
MEALS &
SNACKS
SERVED



241
VOLUNTEERS

2018 FINANCIAL REPORT

REVENUE

| | |
|---------------------------------------|-------------|
| Membership Dues & Program Income | \$1,301,900 |
| Childcare | \$1,868,673 |
| Government Funding | \$984,162 |
| Camp | \$1,058,902 |
| Residence | \$364,854 |
| Public Support | \$354,631 |
| Other Income | \$94,114 |
| United Way | \$75,849 |
| Rental Income | \$81,021 |
| Investment Income | \$98,462 |
| Net assets released from restrictions | — |

TOTAL PUBLIC SUPPORT AND REVENUE \$6,282,568

EXPENSES

| | |
|--------------------------|-------------|
| Youth & Family Services | \$2,992,899 |
| Membership Services | \$1,735,651 |
| Youth Mentoring | — |
| General & Administrative | \$748,366 |
| Fundraising | \$172,809 |

TOTAL EXPENSES \$5,649,725

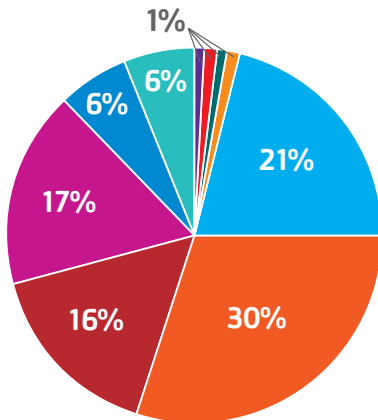
| | |
|---|------------|
| Change in unrestricted net assets from Operations | \$599,508 |
| Total Other Income | \$(46,481) |
| Change in temporary restricted net assets | \$2,506 |

CHANGE IN NET ASSETS \$555,533

| | |
|---------------------------------------|--------------------|
| Net Assets – December 31, 2016 | \$9,356,669 |
| Change in Net Assets | \$555,533 |
| NET ASSETS – December 31, 2018 | \$9,912,202 |

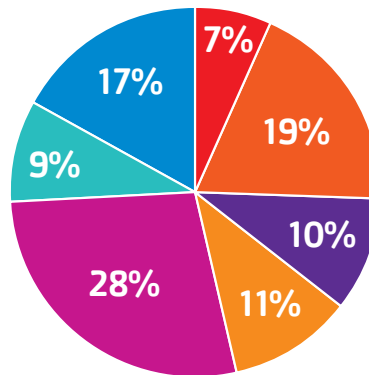
YMCA IMPACT

The Y is a cause driven non-profit organization dedicated to improving lives and strengthening community through youth development, healthy living and social responsibility. We believe that strong communities are possible when we invest in our children, our health, and our neighbors. The Y's Open Doors and Philanthropic Programs allow us to live our mission by addressing critical community needs through programs and services open to all children, individuals, and families regardless of economic status. We are grateful to our community partners and the 820 individuals, organizations and businesses that supported our cause in 2018.



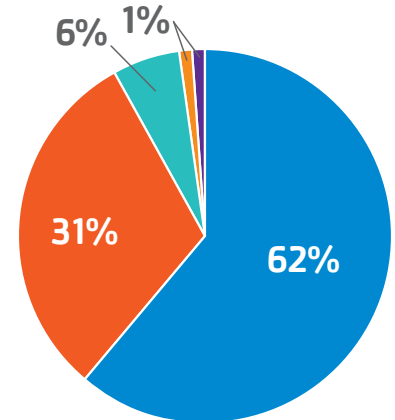
2018 SOURCES OF REVENUE

- Membership Dues & Program Income
- Childcare
- Government Funding
- Camp
- Residence
- Public Support
- Other Income
- United Way
- Rental Income
- Investment Income



2018 MEMBERSHIP CONSTITUENCE

- Preschool (1-5)
- Elementary (6-11)
- Jr./Sr. HS (12-17)
- Young Adult (18-29)
- Adult (30-54)
- Adult (55-64)
- Senior Adult (65+)



2018 OPEN DOORS ASSISTANCE AWARDS

- Kids' Korner B/A School
- Camp Ingersoll
- Membership/Programs
- Aquatics
- Residence

ANNUAL CAMPAIGN 2018 DONORS

BUSINESS PARTNERS

Change Inc.
Comcast
Durham School Services*
Egidio Assante Wealth Management*
Eversource Energy Foundation**
Insurance Provider Group
Liberty Bank
NFP Insurance
Rockwell Restoration*
Suburban Stationers*
TopSafe Services*
Updike, Kelly & Spellacy, P.C.

*In-Kind

**NAA

INDIVIDUALS

Youth Development - \$5,000+

Michael & Sharon Kearney

Healthy Living - \$2,500+

Carol Buchanan & Tom Reimer
Richard & Tamara Carella
Margaret & Charles Coe
Gail Reen

Social Responsibility - \$1,000+

The Assante Family
Reed Bartman, Jr.
Dr. Anne Bingham & Ted Esselstyn
David & Johanna Bond
Joanne & Theodore Brainerd
Gerald & Eileen Burke
Phil & Marie Cacciola
Lisa & Blake Carter
Susan Colby & Arthur Taylor
Linda & Denis Cunningham
Kitch Breen Czernicki
Carol & George Gilbert
Steven & Tina Gomes
Welles & Lillian Guilmartin
Susan & John Hall
Mitchell Harris
Joan D. Hedrick
Beverly & Joseph Heffernan
The Heidorn Family
Kristen & Daniel Hoyt
Tamera Jackson
Ivar & Carol Jozus
Jay & Pam Keiser
Michael & Sharon Kearney
Joan A. Kowack
Renata & Joseph Lantos
Tamara & Robert Laurie
Robert MacKinnon
Larry McHugh
Nancy & John Meyers
Joseph Palladino
Rob & Rebecca Parry
Michele & Michael Rulnick
Kelly Smith
Dr. Michael Stehney
Andrew Tanaka
Barent TenEyck
Robert & Natalie Thayer
Joan & Richard Tomc
Patti Anne Vassia
Karen & Taylor Warren

YMCA Ambassador - \$500+

Robert & Mary Rose Barone
Jeremy Bourret
Melanie Carfora
Heather Chandor
Elaine & George Law
Lori & Nicholas Lodge
Andrea Malon
Rohan Manning & Sarah Shapiro
Ronald & Lois McCutcheon
Francine & Jon McKiernan
Zimion Noah Mizion
Wilfredo Nieves
Kari Weil & Michael Roth
Irene & Allen Silberstein
Benjamin Silliman
Stuart Sosnoski
Cynthia & David Sullivan
Alice Wrang

Friend of YMCA - \$250+

Raymond & Sandy Bourret
Cindy Butterfield
Joanne & Theodore Brainerd
Michael Camilleri
Nicholas Cannata
Susan Dionne
Christopher Ebreo
Luke Freimuth
Laurie Frenzel
Natalie Garrison
David & Terry Gilbert
Ronald & Wendy Griswold
Nancy & Birtus Hall III
Stewart & Sandra Kristiansen
Dolores & Peter Lapointe
Kevin & Tracy Leahy
Carla MacKay
Clare Manzi
Shirley Mattfeld
Robert Mosca
Thomas Nosal
Sandra Olsen
Jean Orr
David & Gail Porteus
Eric Rennie
Deborah Shapiro
Harris & Emily Shovelin
Kerline Vassell-Klaus &
Gregory Klaus
Kori & Eamonn Wisneski

YMCA Supporter - \$25+

Betsy Agostinucci
Alfonia Amaker
Mario & Josephine Amlato
Sheila Anastas
Jacqueline Armstrong
Thomas Arrigoni
Karen & Stanley Atwell
Paulette Bacon
Dr. David Baggish
Gail Bakulski
Janet Balcom
Lynn Baldoni
Elaine & Stephen Bank
Johannes Baris
Sophia Barrett
Steve Bayley
Dana Beaupre
William Biestek
Hilal & Sabri Bilsel
Eileen & Robert Birk

Catherine & Michael Bisceglia
Elke Bleecher
Jennifer Bomar
Daniel Bonelli
Daniel Bourret
Aaron Bourret
Susan Bransfield
Marcia Bray
Deborah Brennan
Dawn Brodeur
Jennifer Brown
Sally Brunson
Eleanor Brush
Darrin & Julie Bryant
Charlene Buano
Jeffrey & Suzanne Burgess
Sareth Burgess
Alimatu Busari
Rick Capitanio
Kristen & Dan Capitanio
Rosalyn Caple
Amy Cardoza
Christie Carpino
Kathy Carr
Susan Chase
Martha Cheshire
R. Stan Chivers
Patricia Claussen
Irene Cobb
Henry & Lorraine Coe
Arthur & Barbara Collins
Teresa Concannon
Sherri Condon
Mark Cosgrove
John & Marie Coughlin
Susan & Bob Cox
Amber Creighton Pandey
Paul Crone
Samuel Crum, Jr.
Jonathan Curtis
Christine Daniels
Robert Davie
Mark Davis
Martin & Ruth Davis
Allison DeBlasio
Philip DeCaprio
Daniel DeFrancesco
Diane Derooy
Brian DiBella
Joseph Dicostanzo
Paul & Jane DiMauro
Nick Dionne
Judith & Dennis Dockery
Erin & Lawrence Donahue, Jr
Jeffrey Doskos
Kelly Dougherty
Ellen Dougherty
Jack & Marion Driscoll
Donna Duff
Maureen Duffy
Robert Dunlap
Susan Dunn
Susan Dutcher
Alma Elder
Fred Ellis
Kim Emmons
Melissa Estrella
Bobbi Jo Evans
Peggy Fair
Michael Fallon
Salvatore & Donna Fazzino
Paula Fernald
Lon & Therese Fishman

Kathy Flood
Robert Foberg
Ulysses Fordham
Kathleen Foster
Michael Foster
Kevin Francis
Willie & Elizabeth Fuqua
Donald & Pauline Gadbois
Catherine Garofalo
Robert Gatehouse
Brian & Betsy Gauthier
Jonathan Geary
Vera & Michael Geremia
Lee & Roger Gerrish
David Geyer
Mike Giangregurio
Kyle Gibbons
Victor LaBarre & Sonya Gill
James & Crissy Goodin
Steve Gorss
James Gotta
Patricia & Charles Gould
Raymond & Judith Grasso
Joanne & Robert Grenier
Annette Grenier
John & Ann Grybko
Cheryl Hajek
Kaitlyn Hebert
Stephanie Heil-Grover
Ruth Veleta & Robert Hennessey
Gail and Ed Hewitt
Rhea Higgins
Diana Hinton
MaryAnn Hoffman
Katie Holmes
Melissa and Jeremy Hoon
Marilyn Horn
Holly Hubbard
Jackie & Jeff Ivans
William Jagoda
Judy Johnson
Diane & Christopher Jordan
Scott Baker & Julia Anderson-Baker
Ioulia Kara-Soterioux
Robert Kelly
Anthony Knapp
Max Kneeland
Martin Knight
Arthur Kohs
Roberta Kreger
Maria Lachance
Richard LaCroix
Ceara Ladue
Jessica Lamb
Donna Lambertson
Alice Lamont
June Lamoureux
Alyssa Landry
Mary Lavado
Claudine Lavoie
Elke Leclerc
Yvonne Ledoux
Eun Joo Lee
Marc Levin
Nancy Liddell
Eliana Lieders
David Loffredo
Chaelyn Lombardo
Laura Ludington
Edward Lyons
Susan & Thomas Malecky
Cathleen Maloney
Craig Martin

Walter & Anna Mayo
Jacqueline McDowell
Suzanne McKenzie
Sheila McMillon
Jennifer McMillan
Paige McMullen
Katherine McRae
Sigrid McWilliams
Kayla Mello
Travis Meyers
Deb Milardo
Mel Mimnaugh
Alison Mishou
Kathleen & Nabil Mishriky
Tina & Chris Moore
Lawrence & Angela Morizio
Peter Morris
Debra Moses
John & Virginia Murphy
Samantha Murray
Georgean Musanti
John Natale
Noreen Nolan
Paula Oakliff
Katie O'Brien
Meghan O'Brien
Melissa O'Hara
Maureen Gaffey & Peter Oman
Teresa Opalacz & Ken Landy
Stanislaus & Kayoko Opalacz
Victor Organek
Jason Ornek
Paula Paige
Lindsay & John Parke Jr
Russell & Jacqueline Parmelee
Helen Peaslee
Christine & Wayne Pegolo
Kyle Pegolo
Steven Perruccio
Cynthia Perugini
Louise Petroka
Louis & Deb Petruzzello
Alyssa Phillips
Hector Pinero
Suzanne Pinette
Richard & Jeannie Pogmore
Sandra Powell
David Quast
Diana & Levi Resler
Jesse Revicki
Margaret & Charles Rich
Lois Riloff
Jacqueline D. Ritter
Patricia & Rosario Rizzo
John Roberts
David Miner & Stephanie Robiner
Cora & Carl Rodenhizer
Maryanne Roegiers
Adriana Rojas
Sydney Rowland
Diane Rubacha
Tony & Marianne Rubino
Howard & Jane Rulnick
Jane Rusconi
Franklin & Mary Rusconi
Leslie Russell
Melanie Russell
Salvatore & Rose Russo
Jeff Ruvolo
Stephen Ruvolo
William Ryczek
Grant Sanborn
Albert & Nancy Santostefano
Taylor Savage

Nathan Capitanio & Tara Scagliarini
Ingrid Scalise
George & Babette Scheer
Nancy & Richard Schempf
Susan Schirm
Geoffrey Schirm
Cody Schoolnik
Brianna Schwartz
Annette Scott
Scott Scullion
Patricia Scully
Michael & Valerie Seaver
Barbara & Robert Sequenzia
Wendy Sheil
David & Teresa Shulman
Evelyn Siewert
Robert Silliman
Cheryl Silliman
Sam Silliman
Janet Sisson
Jill Sliker
Sharon Smith
Angela and David Smith
Peter Solari
Melissa & Robert Sosnoski
Christopher Soulias
George & Lisa Stafford
Deborah Steuerwald
Natalie & Mack Stewart
John Sullivan
Mary Swaykus
Richard Sylvester
Walter Tacke
Ann Talkington
Muriel Test
Janice Thomas
Bruce Thorstenson
Beth Tormay
Luis Torres
Jennifer Tortora
David Vance
Janet Vanos
Linda Vaughan
Joan & Gene Veit
Amy Vigneux
William Breck & Susan Virostek
Linda & Ronald Voccio
Margeherite Votto
Jennifer Waldron
Karen & Brian Walsh
Rick Waterman
Susan Welburn
Craig & Louise Weske
Gabrielle West
Sharon White
Daniel White
Sharon Whitehead
Daniel & Cynthia Wilcox
Peter Wojewodzki
Nancy Woods
Kimberly & Michael Woznyk
William Wrege
Trenton Wright
Theodore and Mary Xenelis
Brian Yakey
Lorraine Yu
Tessie Zaczek
Luis Zaragoza
Kristen Zarfos
Joanne & Stanley Zatarain
Samantha Zatarain
Russell & Kathleen Zentner
Peter Zory

FOUNDATIONS & COMMUNITY PARTNERS

Visionary – \$50,000+
Middlesex United Way
Peach Pit Foundation

Founders – \$25,000
Community Foundation of Middlesex County, Inc.
Ann T. D'Addario Family Foundation Fund
Arthur and Edythe Director YMCA Camp Ingersoll Fund
Herb and Ellen Patterson Memorial Fund
J. Guy Lombard Fund
Whelen Family Fund

Benefactors – \$10,000
Drummond Family Philanthropic Fund
Travelers Championship's Birdies for Charity
YMCA of the USA

Youth Development – \$5,000
Middletown Youth Services Bureau
Sgt. George Dingwall Golf Tournament
The Stare Fund

Healthy Living – \$2,500
Liberty Bank Foundation
Stew Leonard, III Children's Charities

Social Responsibility – \$1,000
Citizen's Charitable Foundation
Durham Manufacturing Co.
Kiwanis Club of Middletown, Inc.
Leventhal Family Charitable Foundation
M & S Paving*
Michael Vincent Sage Dragonheart Foundation, Inc.*
Middlesex United Way Women's Initiative
Schwab Charitable Fund

YMCA Ambassador – \$500
Community Services Fund
Dominion Energy Charitable Foundation
EIS Foundation, Inc.
L. Suzio Concrete Co., Inc.*
Middletown Rotary Charitable Fund

*In Kind
**NAA

BUSINESS DONORS & SPONSORS

A & A Office Systems, Inc.
Allied Roofing & Sheet Metal Co., Inc.
The Assante Family
Capital One Bank
Charles IT
Chelsea Groton Bank
Citizens Bank
Connecticut Lighting Centers
Connecticut Sun
The Country Frammer
The Funny Bone Comedy Club & Restaurant
Harding Development Group
Hubert E. Butler Construction Co.

Jarvis Products Corporation
Liberty Bank
M A & M Inc./
DBA Aresco Construction
Malloves Jewelers of Middletown
Middlesex Hospital
Middletown Toyota
Mira Jewelry Design
Nayaug Family Dental LLC
Nutmeg Consulting LLC
Photography by Rosally-Kaplan
Physical Therapy and Sports Medicine
Plastic Design International, Inc.
Prime Source
Roth Staffing Companies, L.P.
Shipman & Goodwin, LLP
Sterling Realtors
Stylz by Patty, LLC
Torrison Stone & Garden LLC
Uncle Bob's Garden Center
Usdan University Center
Webster Bank
Whittlesey
YMCA of USA
Zulu Nyala Group

HERITAGE CLUB

Salvatore Barone*
George Brown
Sally Brunson
Eileen & Jerry Burke
Harry Eben Burr
Joan Cambria
Arthur Director*
Nancy & Woodbridge D'Oench
Ed Drysgula
Janet & William Evison
Julie Flagg
Barbara & Richard Gibbons
Welles Guilmartin
Deb Hager
Joyce Hatton Yarrow
Marcia & David Kalayjian
Ron Klattenberg
Irwin Knafel
Joan Kowack
Mabel & James Matschulat
Jane McMillan
Sigrid McWilliams
Amy & Bruce Parmenter
Robert W. Rice*
Irene & Allen Silberstein
Helen & Irwin Sitkin
Kelly Smith
Bob Spencer
Charles & Joan Stone
Kathy & Frank Sumpter
Joan & Richard Tomc
Patti Anne Vassia
Dorothy* & Michael Waller
Nancy Zimmer

*Deceased

The Middlesex YMCA is grateful for all contributions. If your name has been omitted or displayed incorrectly, or if you wish to make a change please call the Development Office at 860-343-6232.



MIDDLESEX YMCA

99 Union Street, Middletown

860-347-6907 | www.midymca.org