

Middlesex YMCA Youth Camp Health Exam/Record  
 For Camper and Staff  
 (Physical Exams are Valid for 3 Years from Date of Last Examination)

**Please Return Completed Form to the Camp**

- Camper
- Staff

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone # \_\_\_\_\_

Guardian: \_\_\_\_\_ Address \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Date of Arrival at Camp: \_\_\_\_\_ Departure Date: \_\_\_\_\_

**TO BE COMPLETED BY THE SPECIFIED MEDICAL PRACTITIONER**

Date of Exam: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_ May participate in all camp activities

\_\_\_\_ May participate except :

Medical Information pertinent to routine care and emergencies:

Is the individual taking prescription or over the counter medication(s)? \_\_\_ Yes \_\_\_ No

If yes, indicate names of the medication: \_\_\_\_\_

Does the individual have allergies: \_\_\_ Yes \_\_\_ No Explain: \_\_\_\_\_

Is the individual on a special diet: \_\_\_ Yes \_\_\_ No Explain: \_\_\_\_\_

Does the individual have special needs? \_\_\_ Yes \_\_\_ No Explain: \_\_\_\_\_

This camper/staff is up-to date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

	Yes	No		Yes	No
Measles			Hepatitis B		
Mumps			Diphtheria		
Rubella			Pertussis		
Chicken Pox			Pneumococcal Conjugate		
Tetanus			Polio		

Comments:

Printed Name of Medical Care Provider: \_\_\_\_\_

Medical Care Provider's Address: \_\_\_\_\_

Medical Provider's City/Town, State, Zip Code: \_\_\_\_\_

Medical Provider's Telephone Number: \_\_\_\_\_

\_\_\_\_\_  
Signature of Physician, PA, APRN or RN

\_\_\_\_\_  
Date Form Signed